Introduction to Effective

Coaching

Objectives

- To identify the "why" behind coaching.
- To define the differences of Coaching vs. Consultation.
- To define characteristics of an effective coach.
- To identify the 5 different types of coaching.
- Roles and responsibilities of coaches.
- The future of coaching programs.

Why Coaching?

TRAINING COMPONENTS	Understand knowledge & skills impact on teachers	Actually learn skills	Actually apply skills in the classroom
Presentation of theory	85%	15%	5% - 10%
Plus modeling	85%	18%	5% - 10%
Plus practice & low-risk feedback	85%	80%	10% - 15%
Plus coaching feedback & peer visits	90%	90%	80% - 90%

^{*}Joyce B. & Showers, B. (1995). Student achievement through staff development: Fundamentals of school renewal. White Plains, NY: Longman.

Consultation

- One person or a group
- Creates and directs goals
- Problem-Solution focused
- Directive, expert role
- Short-term, project focused
- Technical

Coaching

- One person
- Focuses on other person's goals
- Builds on other person's strengths
- Collaborative partnership that supports growth of the other person
- Ongoing as needed
- Relationship building

Scenario #1

A teacher has contacted you about a new student that will be arriving next week. She has reviewed his IEP, but does not feel that it gives detailed information on the unique learning styles specific to him. She would like to have some strategies in place for a smooth arrival and transition, but is not sure where to start. You meet with her to discuss the procedures that your LEA has outlined for students transferring in from outside the LEA and you discuss steps she might take to further assess the student's strengths and needs.

Scenario #2

A teacher wants your help with individualizing visual schedules for her students. She completes a self-assessment and you complete a walk-through, focusing on the implementation and individualization of visual schedules. Afterword, you debrief and based on the data you both collected, you discuss strengths of the implementation of this strategy. You then work together to complete a Schedule Worksheet for one student, which uses information about the student's unique learning styles to guide individualization of a schedule. The teacher agrees that she will be responsible for completing Schedule Worksheets for the remainder of her students. You agree to be responsible for developing a visual schedule for the one student who was discussed during your debrief conversation, as a model. You collaboratively document a summary of your debrief conversation and responsibilities for the week. You agree to schedule a follow-up meeting a week later.

Scenario #3

You have been contacted by your EC Director to support the transition of a student from middle school to high school next year. You work with the middle and high school teams to develop a plan of support that includes:

- A transition meeting prior to the end of the school year.
- Having the high school teachers observe the middle school classroom to get a better understanding of evidence based practice implementation and progress monitoring.
- You spend time with the high school team prior to the new school year developing supports for when the student arrives.
- You have the teacher complete a self-assessment.
- At the beginning of the school year you work with the high school teacher(s) using a
 process of observation, goal development, modeling and provision of guided practice
 around the goals.
- You have discussion with the teacher around progress monitoring of the goals developed and evaluation of the process.

Scenario #4

You have been contacted by a principal in regards to the behavior of a Kindergarten student who is identified with autism. This student spends most of his day in the General Education Classroom. The principal requests that you come observe the student and help the teacher implement supports. During the observation and debrief discussion with the teacher, it becomes known that she does not have any knowledge of autism or experience working with students with autism. You encourage the teacher to register for an upcoming Professional Development targeting working with students with autism. You also have discussion around some Evidence Based Practices that may be helpful and offer to e-mail her some resources. Lastly, you provide her with an online resource of modules in order to get more information about autism and effective supports. You inform the teacher that you will follow up with her in 2 weeks; after she has viewed some of the modules and resources, and attended the upcoming training.

Characteristics of Effective Coaches

<u>Beliefs</u>	Teaching Expertise	Coaching Skills
An effective coach:	An effective coach:	An effective coach:
*Is willing to learn.	*Is skilled in instructional planning.	*Understands and applies knowledge about adult development.
*Has a passion for ongoing development.	*Demonstrates success in his or her work as a	·
*Believes in others' capacity to grow &	classroom teacher.	*Diagnoses teachers' needs.
develop.	*Reflects on his or her own practice.	*Aligns support to teachers' identified needs.
*Has the attitude that everyone is important. *Does not presume to have "The Answer."	*Articulates his or her own practice.	*Communicates effectively.
•	*Uses multiple methods of assessing students.	*Listens skillfully.
*Understands his or her own assumptions & makes those transparent.	*Has strong classroom organization and	*Uses effective questioning skills.
makes mose mansparem.	management.	Oses effective questioning skills.
*Is committed to continuous improvement.		*Understands and employs a specific
*Has moral purpose.	*Is fluent in multiple methods of delivering instruction.	reflection process.
*Can let go of feeling responsible for another person's behaviors.		

^{*}Killion, J. & Harrison, C. (2006). Taking the lead: New roles for coaches and teacher leaders. Oxford, OH: National Staff Development Council.

Characteristics of Effective Coaches

Relationship Skills	Content Expertise	<u>Leadership Skills</u>
An effective coach:	An effective coach:	An effective coach:
*Has good interpersonal relationships.	*Possesses & applies appropriate, indepth content knowledge.	*Stays abreast of best practices in professional learning.
*Wants to be part of a team.		
*Fosters trust.	*Uses research & theory to support instructional decisions.	*Engages others in developing plans for improvement.
*Works effectively with teachers and principals.	*Establishes a collegial learning environment to support teachers in	*Maintains a productive culture.
	reflecting on their practice.	*Communicates the school's vision.
*Is respected by peers.		
*Has patience for the learning process.	*Stays current with changes in curricula & new instructional practices.	*Aligns work with school goals.
rias patience for the learning process.	cumedia & new instructional practices.	*Uses data to make decisions.
		*Understands and applies knowledge about change.

^{*}Killion, J. & Harrison, C. (2006). Taking the lead: New roles for coaches and teacher leaders. Oxford, OH: National Staff Development Council.

Five models of coaching:

Instructional Coaching - "Customize professional development to match each teacher's needs & interests while they help the school establish a common understanding across all teachers." (Sweeny, Barry W. 2001, p. 50)

- Demonstrate lessons.
- Co-plan lessons: Assessment, solve problems, and reflect.
- Co-teach to support teachers in professional growth.
- Primary responsibility is to reflect with teachers and provide nonjudgmental support.
- Gradual release model (I do, we do, you do).

Five models of coaching:

Technical Coaching - "Helps teachers to answer training to classroom practice. It follows training in specific teaching methods: this model pairs consultants with teachers or teachers with one another." (Garmston, Robert. 1987, p. 18)

- Utilized when the coach needs to provide specific information about how to do something, give advice, or problem solve.
- Coach's focus is on helping teachers acquire logistical information or content knowledge.
- The goal here is to ensure fidelity of a program.

Five models of coaching:

Content Coaching - Supports teachers and offers feedback based on content area.

- Work is based on content standards and data related to instruction and student learning.
- Assist teachers with lesson planning around content standards, along with analyzing and reflecting on those lessons.

Five models of coaching:

Cognitive Coaching - Based on the belief that clients have internal resources & their own best answers (Cognitive Coaching Process - Costa, Arthur & Garmston. 2002.)

- The coach reflects the clients' thinking back to them, helping them to find their own way.
- Support building the teachers' internal resources & capacities.
- Focus on support teachers to become conscious of their actions and the impact of those actions on their learners.

Five models of coaching:

Peer Coaching - "A process where teams of teachers regularly observe one another and provide support companionship, feedback, and assistance." (Valencia, Sheila & Killion, Joellen. 1988, p. 170).

- Requires that each person act as the coach and as the client at different times.
- Appropriate when two or more teachers want to collaborate in order to improve instruction.

Roles & Responsibilities of Coaches

- 1. Resource Provider
- 2. Data Coach
- 3. Instructional Specialist
- 4. Curriculum Specialist
- 5. Classroom Supporter
- 6. Learning Facilitator
- 7. Mentor
- 8. School Leader
- 9. Catalyst for Change
- 10.Learner

The Future of Coaching Programs

As teaching and learning continue to evolve, so will coaching. Coaching programs will:

- Build new capacity for school leadership.
- Continue to influence individual teachers & teacher teams.
- Build organizational capacity.
- Adapt with technology.

Resources

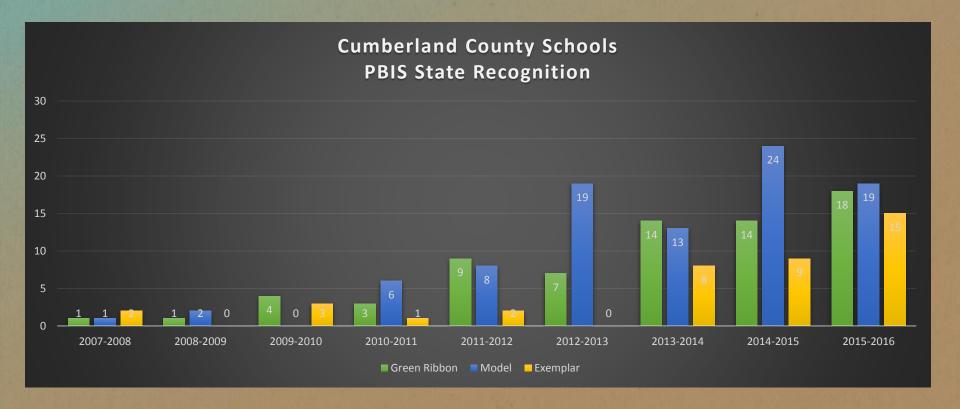
• Killion, Joellen, Cindy Harrison, Chris Bryan, and Heather Clifton. *Coaching Matters*. Oxford, OH: Learning Forward, 2012. Print.

Coaching PBIS

Cumberland County Schools

Cumberland County Schools PBIS Stats

- 87 schools in the district
- 58 schools implementing PBIS at different tiers of implementation
- 39 Implementing Elementary Schools
- 9 Implementing Middle Schools
- 8 Implementing High Schools
- 2 Implementing Alternative Schools



- Despite growth in schools trained in PBIS, we experienced little growth in recognition
- 2014-2015 began focus on building In-school coaching support
- 2015-2016 began strategically addressing coaching in schools
- 2016-2017 developed stronger support for schools & providing coaching PD sessions

PBIS District Tiered System of Support

Coaching Schools & Sustaining Implementation

Behavior Team Support Targeted training Data driven problem solving sessions

Meetings with PBIS team Increased fidelity checks Faculty PD Meetings with In-school coach

District Coaches' Meetings Fidelity Checks Implementation Support Data Support PBIS Team Training Frequent Communication

Coaching Challenges

- Diverse roles of In-School Coaches
- Understanding of coaching role
- Leadership & coaching experience
- Principal's view of coaching role
- Different In-School Coach from year to year

Supporting In-School Coaches - Monthly District Meetings

- Keeps coaches updated & engaged
- Allows coaches to network
- Provides time for professional development sessions
- Opportunities to learn from the experience of others
- Fosters support and relationship building
- Models coaching in action

Coaches often coach as they are

Supporting In-School Coaches-Multiple Digital Supports

- Edmodo
- Video conferences
- Instructional videos
- TACKK
- Tiered Intervention Site
- Dropbox

https://tackk.com/h6gzuw

https://tackk.com/kmullv

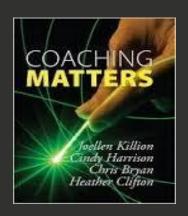
Developing Coaching Skills

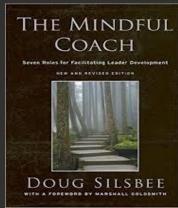
Assess PBIS coaching skills

- PBIS In-school Coach assessment
- Assess personal strengths
 http://richardstep.com/richardstep-strengths-weaknesses-aptitude-test/free-aptitude-test-find-your-strengths-weaknesses-online-version/

Provide Coaching instruction

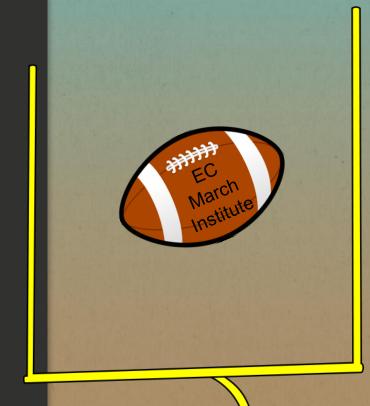
- Dedicated time to discuss & strengthen skills
- Research-based methods





Coaching in Cleveland County

Yonna Acuff, NCSIP Reading Coordinator Morgan Blanton, Ed.D, Secondary MTSS Coordinator



Our First Three Seasons

Season	Wins	Losses
2013-14 Focus on the "Helmet" (beliefs, knowledge, & skills)	 No more silos! Shifting perceptions. Road map in place (manual). <u>Knowledge/Skills</u> improved. Developed 4GE and 2EC lead coaches 	Admin understanding about coaching for all levels of teacher talent.
2014-15	 Added more 3 schools and 3 coaches <u>Developed</u> coaching support Had successful coaching relationship Continued coaching PD 	
2015-16 Focus on the "Team"		

Current Season "Team CCS"

Our "Play Clock" is Still Running



Where we are?

Season	Wins	Losses
2016-17 Focus on the "Building the Franchise" (capacity, sustainability, and logistics)	 Involving all CTCs, CCs, and EC Lead Staff Continue to remain un-siloed Adjusting coaching PD plan reflectively and proactively Involving all stakeholders in decision-making Needs-based PD 	

Huddle Time!

GE Coaches

- Questions We Had:
 - Do we need the same "playbook" or does it need to be revised?
 - What are the needs of our team?
 - What do our admin need to better equip them to utilize coaches effectively in their buildings?

EC Coaches

- **Questions We Had:**
 - Do we "punt" or continue "running the ball?"
 - Do we keep the same "players" on the team?
 - Do we need our "special teams?"

Moving Forward with EC Coaching

Continue coaching...

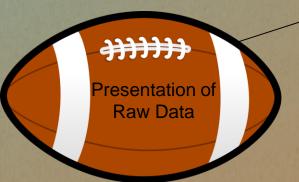
- Research-Based Programs (reading/math)
- Behavioral Interventions
- Programming for students with autism
- Progress Monitoring
- EC Compliance (logistics and paperwork)
- Instructional Strategies for students with HI or VI

GE Coaching

4th Down & Time to Punt



Coaching Support



To review / process the data



To interpret / clarify the data



To make decisions based on data





Future Plans for Coaching Support

Experience Sharing (small groups)



Coaching Successes



Coaching within Haywood County Schools

- 2014 became part of NCSIP's Coaching Collaborative
- Created "Leadership Team" to support initial coaching with two pilot schools
- Grown district-wide
- Grown within EC Department
 - Related Services

Overall Goals

Empower Teachers
Increase Student Achievement
Build Relationships
Further Develop Communication

Teacher and Student Teacher and Coach
Coach and Principal

BIG PICTURE

LEAD TEACHERS / INSTRUCTIONAL COACHES

- 8 Elementary
- 3 Middle School
- 3 High School
- 1 Exceptional Children
- 1 Behavioral Support Specialist
- 1 Speech Language
- 1 Psychologist
- 1 OT/PT

Why Lead Teachers?

Meet once per month with Supervisors facilitating

- High level of content knowledge
- Curriculum / Assessment experts
- Leadership skills
- Good communication skills
- Work collaboratively w/ teachers and principals

Why Leads within Related Services?

Meet once a month with Lead Provider facilitating

- Build consistency within team
- Monitor student progress
- Referral Process
- Communication with teachers
- Collaborate to problem solve

Who receives coaching?

- Teacher effectiveness monitored/evaluated
 - Walk-thru Observations
 - Formal Observations
 - Fidelity Checks
 - Principal Referrals
 - Self-assessment
 - **Volunteer for coaching!

Identified for coaching, then what?

Investigate...further observations, discussions with teachers...

- Pinpoint need
- Plan with teacher / develop strategy
- Modeling / Guidance...as long as needed/effective
- Fade Support

Communication with all parties involved is KEY!

TECHNOLOGY

- MacBook Air Computers
- iPad Air Devices
- Swivls / Snowball Mics
- Bluetooth Head sets
- Google Hangout
- Google Drive
- Apple TVs
- Dongles

Haywood County Schools

- Contacts:
 - Carla Melton, EC Lead Teacher <u>cmelton@haywood.k12.nc.us</u>

 April Wilson, Lead Behavioral Support Specialist awilson@haywood.k12.nc.us

Brandi Stephenson, EC Director <u>bstephenson@haywood.k12.nc.us</u>



Winston-Salem/Forsyth County Schools Autism Team March Institute 2017



Autism Team



Team Members:

- Lisa Ewell (Autism Liaison)
- Jenny Gray (Autism Liaison)
- Jenny Greene (Occupational Therapist)
- Chris Pomper (Speech-Language Pathologist)
- Cassie Robacker (Autism Liaison)

Contact Information:

- Office: 336.703.4259
- Fax: 336.748.3029
- Location: Winston Salem/Forsyth County Schools

General Approach

1. Provide Training

- EC Teachers / TA's / Total Staff / Administration
- Trainings include but are not limited to:
 - Autism Overview
 - Evidence Based Practice
 - Environment Classroom 'Set-Up'
 - Structured Teaching (visual supports, schedules, work systems)
 - Communication
 - Sensory Integration
 - Data Collection
 - Behavior
 - Functional Curriculum for the moderately functioning student
 - Make-n-Take enhancement activities to support curriculum



General Approach – (continued)

2. Consultation / Coaching

- Consultation: Information gathering (IEP, target behavior(s), requested area of support), classroom observation, follow-up meeting with the teacher (see Form 1). Referral situations (typically student based)
- Coaching: Autism Team demonstrates Evidenced Based Practice (EBP) strategies within the classroom setting. Area of focus is determined by Rubric Walk-Through. Coaching is done in focus classrooms for the 2016-2017 school year (27 total separate setting classrooms; K-8)

3. Progress Monitoring

- Rubric Walk-Through (see Form 2: criterion referenced)
 - Separate setting classrooms serving students with a mode functioning level
 - Follow-up meeting with the teacher and building level administer to review completed Rubric

AUTISM TEAM Classroom Visit

Date:	School:		
Teacher:	Arrival Time:Departu	are Time:	
Type of contact:			
Classroom Observation			
Coaching	Other		
Who is in attendance:	Notes/Questions:		
Strengths:			⋄
To Do:		Who is responsible?	When will it be completed
1.			completed
2.			
3.			
4.			
-			

Form 1 Classroom Visit – Contact Form

Form 2 Rubric Walk-Through Page 1

MAP/CORE – Functional Classroom Rubric of Essential Components

School:	Date:	Time o	r visit:		
Teacher:	# of TA's:	# of St	udents Pres	ent:	
	In Place Status				
Transitions Observed: YES NO	Full 2	Partial 1	Not 0	Not Observe	
Environmental Inventory					
Designated (labeled) areas of room: 1:1 or small group tables for direct instruction – (2) Independent work systems (TEACCH) – (2-3) Whole group – 'circle time' Choice area – i.e. sensory items, puzzles, books, etc. Computers Individual schedules/Command Central Backpacks/cubbies Breakfast (whole group) table					
Appropriate use of boundaries; classroom has defined areas yet is easily accessible to students and staff					
Well organized / materials easily accessed / clutter-free / purposeful use of wall space				V	
Home/School Notebook sent home daily with 'Daily Sheet' indicating activity and behavior		(7)			
Sensory tools readily available: _fidgetsseat cushionweighted lap padCD _Other:					
Structured Teaching					
Individual visual schedules: _PostedIn use by students					
Current master classroom schedule posted at command central					
Teacher assistant schedules/roles/responsibilities are posted at command central					
Classroom staff demonstrating knowledge of established roles & responsibilities					
Lanyard visual supports are in use by all classroom staff:Lead TeacherTA 1TA 2					
Evidence of use of visual supports:social stories desk cues classroom rulesbreak cards First-Then token boards choice boardsOther:					

The state of the s	In Place Status			
	Full	Partial	Not	Not
	2	1	0	Observed
Evidence and use of work systems (TEACCH):				
Students are independent				
_Appropriate task creation based on skill level				
Monitored and reset by floater				
Other:				
Routines and expectations are taught, practiced and				
positively reinforced				
Observed:				
(either being taught or student understanding indicates routine was previously taught)				
Evidence of classroom staff demonstrating errorless				
teaching during Direct Instruction				
teasing stand breet manaction				
Attention getting cues are used				$\overline{}$
_timerverbalvisual supports				
rules Other:		·		
Communication/AAC				
All students have a way to communicate and staff consistently				
models the use of these AAC systems.				
PECSSingle SwitchGO TALK/Quicktalker Picture Symbols/Boards (list):				
_Other:			I	
Software installed and evidence of use by teacher to expan				
classroom activities & students actively engaged with the software.				
DTTBoardmakerClassroom SuitePixwriter				
_Other:				
Evidence of planned and unplanned opportunities for student				
engagement through communication.				
Requests:wantsneeds				
Responses to Communication: questions greetings				
comments Initiation of Communication:questionsgreetings				
initiation of communicationquestionsgreetings				
_Other:				
Curriculum/IEP/BIP				
Use of Styer-Fitzgerald Functional Curriculum based on completed				
assessments				
Evidence of data collection and lesson plans for Styer-Fitzgerald				
Notebook(s) include:				
data sheets (current)				
lesson plans				
For those students with problem behaviors, evidence of				

Form 2 Rubric Walk-Through Page 2

Challenges

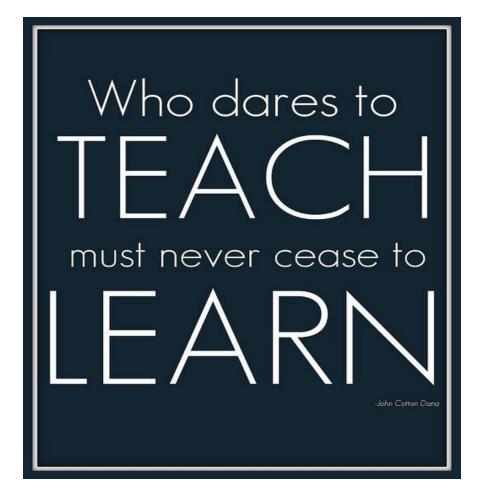


- 1. Buy-in from teachers and teacher assistants
- 2. Staff turnover / teacher shortage
- 3. Lack of planning time for teachers
- Inconsistent understanding of disability and EBP from building administrators
- 5. Growing number of students with Autism

Due to the challenges we face, the Autism Team frequently reassesses how best to support teachers, build capacity and ultimately, meet the needs of our students with Autism Spectrum Disorder.

Q & A







WSFCS AUTISM TEAM Classroom Visit

Date:	_School:			
Teacher:	Arrival Time:	Departure	Time:	
Type of contact:				
Classroom Observation		☐ Meeting		
Coaching		Other		
Who is in attendance:	Note	s/Questions:		
	+			
Strengths:				
Strengths:				
To Do:			Who is	When will
			responsible?	it be completed?
1.				completeur
2.				
3.				
J.				
4.				

Separate Setting – Functional Classroom Rubric of Essential Components

School:	Date:	Time o	of Visit:	
Teacher:	# of TA's: # of Students Present:			
		In Place Sta	tus	
Transitions Observed: YES NO	Full 2	Partial 1	Not 0	Not Observed
Environmental Inventory				
Designated (labeled) areas of room: 1:1 or small group tables for direct instruction – (2) Independent work systems (TEACCH) – (2-3) Whole group – 'circle time' Choice area –i.e. sensory items, puzzles, books, etc. Computers Individual schedules/Command Central Backpack/cubbies Breakfast (whole group) table Appropriate use of boundaries; classroom has				
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	In Place Status			
	Full	Partial	Not	Not
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	_			
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Notebook(s) include:				
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_lesson plans				
For the control of th		1		
For those students with problem behaviors, evidence of individualized strategies, including documentation (data)				
turing a commentation (data)	- 1	1	1	1